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Mental Health & Intellectual Developmental Disabilities (MH-IDD)

Random Moment Time Study

The Agenda

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Random Moment Time Study (RMTS) will include:

- RMTS Overview
- RMTS Requirements
- Contacts – Roles and Responsibilities
- Participant List
- Moment Selection
- Moment Response
- System Demonstration
- Polling Questions
- Medicaid Administrative Claiming (MAC) Overview
- Wrap up

What is Random Moment Time Study (RMTS)?

- A valid random sampling technique that measures the participant's time performing work activities

- The "Moment" represents one minute of time that is randomly selected from all available moments within the quarter

- Statewide time study sample

  Regardless of the MH-IDD the time study participant is located, once the moment has occurred, please logon to STAIRS and respond to the series of questions documenting the activity being performed and the name of the entity.

- Significantly reduces staff time needed to record participant activities

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Overview - Purpose of RMTS

- To determine the percentage of time the MH-IDD incurs assisting individuals to access medically necessary Medicaid funded services
  - Medicaid Outreach
  - Medicaid Eligibility Determination
  - Medicaid Referral, Coordination, and Monitoring
  - Medicaid Staff Training
  - Medicaid Transportation
  - Medicaid Translation
  - Medicaid Program Planning, Development & Interagency Coordination
  - Medicaid Provider Relations
- To reasonably identify staff time spent on activities during the given quarter.

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Overview - Time Study Activities

- Direct Medical – Providing care, treatment and/or counseling
- Outreach – Informing individuals, families and groups about available services
- Eligibility – Assisting individuals or families with the Medicaid eligibility process
- Referral, Coordination, and Monitoring – Making referrals, coordinating and/or monitoring the delivery of medical services
- Staff Training – Coordinating, conducting or participating in training pertaining to medical or Medicaid services
- Transportation – Arranging or providing transportation to medical or Medicaid services
- Translation – Arranging or providing translation to an individual or family to access medical or Medicaid services
- Program Planning, Development & Interagency Coordination – Developing strategies to improve the coordination and delivery of medical or Medicaid services
- Provider Relations – Activities to secure and maintain Medicaid providers

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Overview- RMTS Process

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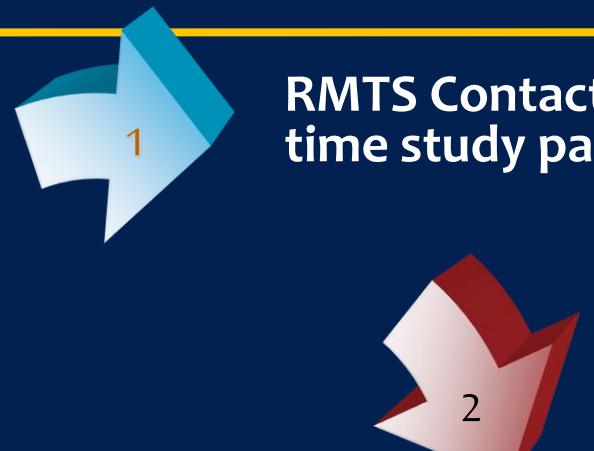
1. RMTS Contact identifies pool of time study participants
2. HHSC Contractor identifies pool of available time study moments
3. HHSC Contractor randomly matches moments and participants
4. RMTS Contact ensures selected participants are trained
5. Participant responds to selected moment by answering moment online
6. HHSC contractor codes moment



Requirements for RMTS

In order to participate, you must…

- Time Study Periods (Federal Fiscal Quarters)

  1st Quarter - October, November, December

  2nd Quarter - January, February, March

  3rd Quarter - April, May, June

  4th Quarter – July, August, September

- To claim MAC must participate in time study.
- Participant List (PL) must be certified for entity to participate in the random moment time study (RMTS).
- To be included on the MAC claim the position must be included on the PL.
- A statewide response rate of 85% for RMTS moments is required.
- Mandatory annual training for RMTS Contact and participants is required.

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Requirements - Important Dates

Event	Opens/Begins	Closes/Ends (6 p.m. CT)
Participant List (PL)		
1st Quarter PL	08/15/2019	09/13/2019
2nd Quarter PL	09/14/2019	12/13/2019
3rd Quarter PL	12/14/2019	03/13/2020
4th Quarter PL	03/14/2020	06/15/2020
Time Study (TS)		
1st Quarter TS	10/01/2019	12/31/2019
2nd Quarter TS	01/02/2020	03/31/2020
3rd Quarter TS	04/01/2020	06/30/2020
4th Quarter TS	07/01/2020	09/30/2020

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Requirements - Training

- Each RMTS Contact must complete HHSC training annually
- RMTS contacts are required to complete only one HHS annual initial training and then are eligible to take “refresher” trainings.
- Initial training must be interactive and therefore must be conducted via Face-to-Face, Webinar, Skype or Teleconference
- Refresher training may be conducted via CD's, videos, web-based and self-paced training
- HHSC recommends that all participating MH-IDD’s have at least 2 employees attend mandatory RMTS Contact training
- Trained RMTS contacts are responsible for training Time Study (TS) participants annually
- MAC Financial Contact training is mandatory and held separately

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Requirements - Training

Full Access versus View Only Access

System Access is limited to **"View Only"** until training is completed

FAIRBANKS LLC

Welcome, [redacted] (Logout)

[redacted]

Dashboard | Participant List | Time Study Sample | MAC Financial Submission | Manage

Manage Contacts | Manage Training Status

FY2013 -- Tri-County MHMR Services
RMTS Contact Trainings

Filters: FY2013 [redacted] RMTS Contact Trainings All Users Confirm

Preparers Available for Hire

Actions	FB User Id	First Name	Last Name	District	Trained	Status	Training	Training Period	Willing to Hire Out? *
Yourself	425947	[redacted]		[redacted]	Yes	Full Access to PL and TS	RMTS 2013 - MH-IID Refresher (Webinar 2012-09-06, 08:30:00-11:00:00 Austin, TX)	FY2013	No Change to Yes
Make View-only	440053	[redacted]		[redacted]	Yes	Full Access to PL and TS	RMTS 2013 - MHMR Refresher (Webinar 2012-08-09, 08:30:00-11:00:00 Austin, TX)	FY2013	No
Primary	425945	[redacted]		[redacted]	Yes	Full Access to PL and TS	RMTS 2013 - MHMR Refresher (Webinar 2012-08-09, 08:30:00-11:00:00 Austin, TX)	FY2013	No
Not Trained	440049	[redacted]		[redacted]	No	No Access to PL and TS			
Not Trained	425647	[redacted]		[redacted]	No	No Access to PL and TS			
Not Trained	440051	[redacted]		[redacted]	No	No Access to PL and TS			

* Choosing "Yes" means that you authorize the release of your name and contact information to the general public as someone who is willing to be hired to provide contract services to others.
NOTE: You must have attended training for the relevant period and role type in order to select "Yes". Neither HHSC nor Fairbanks will endorse an individual's capabilities to provide the contract service.

RMTS Information
RMTS Information Website (TX - HHSC)

MAC Information
MAC Information Website (TX - HHSC)

For questions, please contact Fairbanks LLC Client Information Center: (888) 321-1225 or info@fairbanksllc.com

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STAIRS Contacts

- Entity Contacts
  - Chief Executive Officer (CEO)
  - RMTS Contacts
  - MAC Financial Contacts
- Time Study Participants
- Health and Human Services Commission
- HHSC Contractor
  - Fairbanks LLC
    - Technical Support
    - Central Coding Staff

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Chief Executive Officer (CEO)

- Must be designated as a contact in STAIRS. Username and password will be provided via E-mail
- Has the ability to add "Primary" RMTS contact

  Primary RMTS Contact can add Secondary Contacts

  When a Primary or Secondary RMTS contact is added, it automatically generates an e-mail containing their username and password

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RMTS Contact

- Must be an employee of ISD or its designee
  - Primary RMTS Contact must be an employee of MH-IDD
  - MH-IDD assumes all responsibility for designee's actions/non-actions
- Ensure all contact information is current and accurate
- Must attend annual training provided by HHSC
- Verify and update quarterly Participant List
- Monitors and adjusts selected participant start times
- Provides RMTS training to sampled participants
- Provides ongoing technical assistance to participants
- Ensure MH-IDD compliance with 85% required response rate
  - Receives weekly list of participants that did not respond to their moments (document reason for missed moments)
- Contact can enter paid and unpaid time off for the selected participants when they are unavailable

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RMTS Contact (con't)

- Time study participants who are absent at the time of their selected moment but will return within 5 business days, should complete the moment.
- The RMTS Contact will need to respond to the moment as "paid or unpaid" leave if the participant will not return within 5 business days.
- If a position is Vacant, the RMTS Contact should respond to the moment as "unpaid" leave. If a position has been filled, the selected moment should be forwarded to the new employee for response.
- If the position is filled after the 3 day notification has been e-mailed to the vacant position or the employee previously in that position, the new employee will have to use the username and password provided on the 3 day notification
- Because this is a STATEWIDE time study sample if you have an employee (contractor or regular) that has been selected for a moment but is working for another MH-IDD at the time of their moment they still respond to the moment what they were doing

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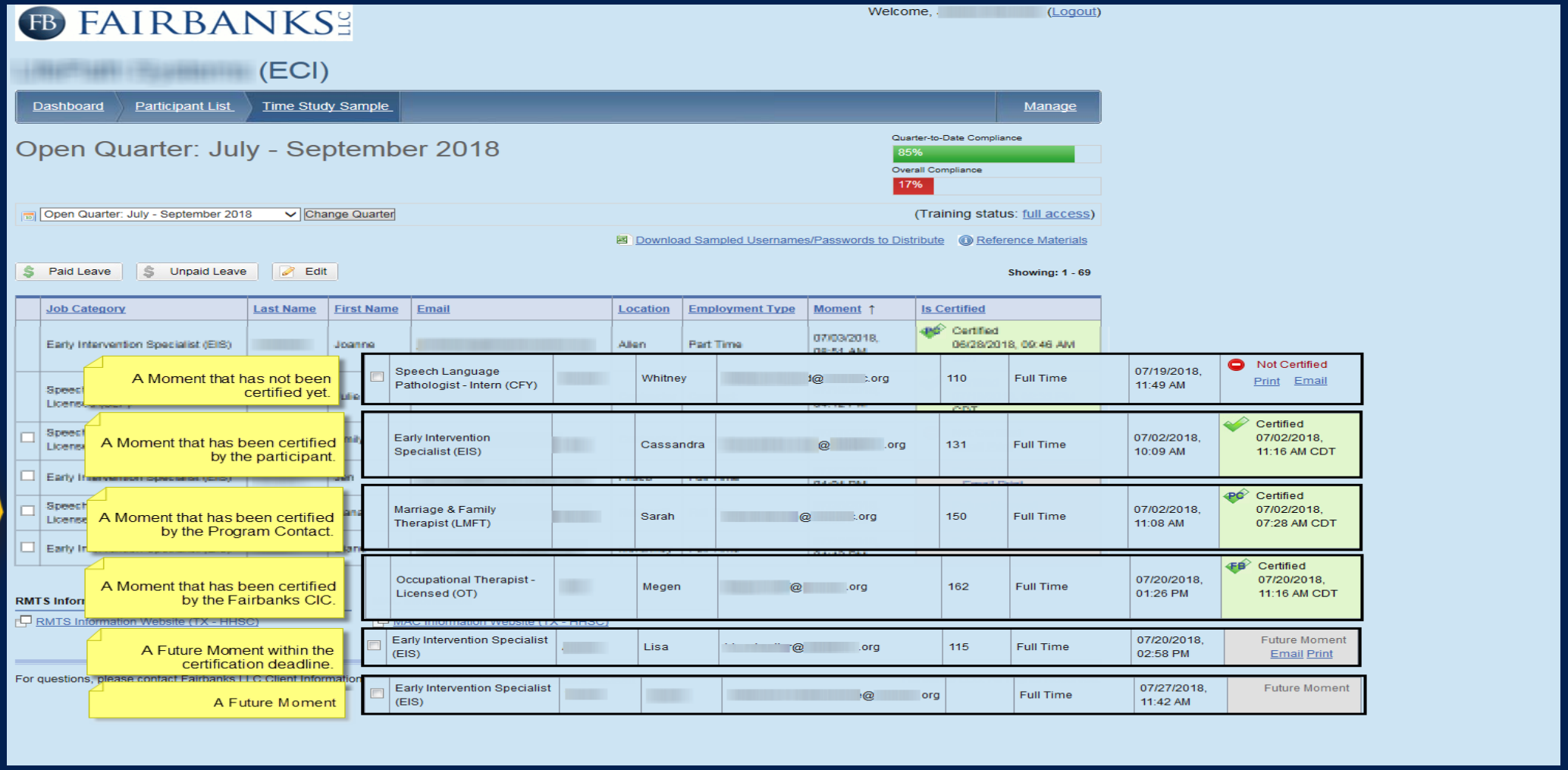
Manage Time Study Sample



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Time Study Participant

Time Study Participant must:

- Must answer the following to document the sampled moment:
  - What were you doing?
  - Why were you doing it?
  - What other services?
  - Where do they reside?
- Must attend annual training provided by trained RMTS Contact
- Participant notified of moment 3 days in advance
- Enter response within 5 business days of moment
- Reminders sent to participants via e-mail at 24, 48, & 72 hrs.

  Primary RMTS Contact copied on the 72 hour reminder
- Failure to enter the information will disqualify the moment
- Respond to follow-up questions from coders within 3 business days from receipt of e-mail.

  Primary RMTS Contact will be copied on the e-mail

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HHSC – Time Study Unit

- Provides RMTS support and guidance
- Provides training to RMTS Contacts
- Provides training to Central Coders
- Works with appropriate federal agencies to design and implement programs
- Conducts ongoing program review to include:
  - Time Study results
  - Compliance with training requirements
  - Documentation compliance
- Sends out the non-compliance notification letters

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Central Coders

- Receives training from HHSC on activity codes
- Review the participant's response for the sampled moment
- Assigns activity code using uniform time study codes
- When additional information is needed they must obtain clarifying information from time study participants via follow-up e-mail within 3 business days of request.
- Moments and assigned codes are reviewed by a 2nd and 3rd coder for agreement and quality assurance

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Technical Support

- Contracted by HHSC to operate and administer the web-based RMTS system
- Assist in annual training for RMTS Contacts
- Ongoing system support
- Send e-mail notification to selected participant 3 days prior to the sampled moment
- Send reminder e-mails for non-response to the sampled moment

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Polling Question

1. If a participant fails to respond to their moment within the 5 business days the RMTS Contact must:

A. Document the reason for the missed moment in STAIRS
B. Report the incident to the participant's supervisor
C. Remove the participant from the PL and exclude from TS
D. All of the above

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Participant List

Agenda

- Development
- Certification
- Who's In
- Drop Down Options
- System Demonstration

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PL - Development

- At the beginning of each quarter only the trained RMTS Contact provides in STAIRS a comprehensive list of staff eligible to participate in the RMTS.
- Once PL is closed you cannot add/delete a participant nor change position/function category.
- Every time the PL is updated, it is also certified.

  The RMTS Contact must open the PL and click the "certify the PL" button prior to the deadline, even if there are no changes to the participant list from the previous quarter.

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PL - Development

- An accurate PL is a critical part for ensuring eligibility for MAC

  If an MH-IDD does not update/certify its PL by the deadline:

  They are ineligible to submit a MAC claim for that quarter

- Reminder e-mails will be sent only to those MH-IDDs that have not certified their PL.
- The PL provides a basis to identify the positions that may be included in the MAC claim

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PL - Development

Vacant Positions

Inconsistent implementation from year to year and entity to entity

- Only the vacant position(s) the MH-IDD anticipates filling during the quarter should be included on the PL
- Should be reviewed and edited each quarter before the PL closes
- Loading the PL with vacant positions limits the opportunity for the selected moment to be a reimbursable response
- RMTS Contact responds to the moment as paid/unpaid leave
- Excess ultimately lowers the RMTS percentage across the State

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PL - Development

Duplicate Positions - What To Do???

- Identify and Remove from PL
- If more than one job function is performed by the participant, only include it once on the PL in the category/function performed majority of the time.
- Email(s) will be sent to those entities identified as having possible duplicate entries.
- HHSC trained RMTS Contact will be responsible for removing duplicate entries prior to the PL close date.

To remove duplicates from the PL do the following:

Export your PL to Excel. Choose the column of data (e.g. address, external ID) that may have duplicates. Highlight that column and choose the "conditional formatting" option. You'll see an option there to "highlight duplicate values"

It's easy to identify and remove any duplicates.

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PL - Who's In???

Participant List includes:

- Staff who perform MAC activities:
  - Regular duties on a weekly basis
  - Regular Staff
  - Federally funded employees
- Contractors (including all positions) who are not employees of the entity but provide services for entity.
  - For one position being filled by multiple contractors, it should be listed as one position on PL
  - For multiple positions filled by one or more contractors, then each position should be listed on PL.
- Vacant positions that are anticipated to be filled (with reasonably certainty) during the quarter.

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PL - Drop Down Options

Administrative Personnel

Direct Care Personnel

Other personnel with client/consumer contact

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PL - Drop Down Options

Administrative Personnel

- Contract management
- Director / manager / supervisor
- External / public relations
- Quality assurance / management
- Utilization management / service authorization
- Other administrative positions

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PL - Drop Down Options

Direct Care Personnel

- Case management / service coordination
- Continuity of care
- Client / consumer supervision
- Counseling / psychological services
- Habilitation / rehabilitation / skills training
- Licensed medical personnel
- Other client / consumer service

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PL - Drop Down Options

Other Personnel with client/consumer contact

- Benefits assistance / eligibility
- Client / consumer rights
- Enrollment / intake / service eligibility
- Hotline / information line/ screening
- Transportation / van driver
- Other client / consumer support

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PL - System Demonstration

Demonstration of RMTS online system:

- Participant List Development
- Managing Contacts
- Designating "Willing to Hire Out"
- Training Tracking
- Time Study Sample
- Adjusting Variable Start Time
- Monitoring Response Completion
- Documenting non-response

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Polling Questions

2. If a participant performs more than one job function for your MH-IDD place them on the PL for each function they perform

A. True

B. False

3. If Mr. Lopez has resigned and Ms. Cortez has replaced him and both are SLP should the RMTS Contact update the PL with Ms. Cortez?

A. True

B. False

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Polling Question

4. Which of the following **IS NOT** a requirement for Random Moment Time Study participation?

A. Certify the Participant List (PL) for each quarter
B. Have an "active" Texas Provider Identifier (TPI)
C. To meet the mandatory training requirements quarterly
D. Maintain the 85% response rate for selected moments

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Time Study Moment - General

Total pool of moments calculation:

(work days in quarter) x (work hours each day) x (60) x (# of participants)

Time study "moments" are randomly selected throughout the entire quarter

A time study "moment" represents one minute at the selected time

If a participant is sampled for a "moment," their only responsibility is to document what they were doing at that precise minute

Some options have "hover-over" and/or "question marks"

that provide additional information that helps the participant make the best selection

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Polling Questions

5. If a selected participant is no longer working at the MH-IDD and no one has filled the position, the RMTS Contact should:

A. Respond to the moment as paid leave
B. Respond to the moment as unpaid leave
C. Edit the moment & change the participant name to “Vacant”
D. Both B & C

6. A RMTS Contact with "View Only" access can respond to a moment when the participant can't complete the moment in the 5 days

A. True
B. False

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RMTS Participant Moment

Demonstration of RMTS online system:

- Sampling and Notification
- Participant Questions
- System Demonstration
- Moment Completion

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Moment – Notification Example

E-mail sent to selected participants

Name:
Entity:
Entity Contact:
RMTS Category: Pre-Enrollment Staff
Random Moment: 09:29 AM on 07/25/2018

You have been selected to participate in the Random Moment Time Study (RMTS) which is a brief online survey on behalf of your entity. Your participation is mandatory and assists your entity in obtaining reimbursement for Medicaid Administrative Claiming (MAC).

In order to complete the Random Moment Time Study, you will need to a go to www.fairbanksllc.com and select CLIENT LOGIN (in upper right hand corner). You will then need to login with the information below and answer the questions asked to report the activity you were performing at your sampled moment of 09:29 AM on 07/25/2018.

User Name:
Password:

If you need any assistance or have any questions, please contact your RMTS Contact listed above or the Fairbanks support line at (888) 321-1225 or at info@fairbanksllc.com.

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Moment – Web Page Screen

www.fairbanksllc.com

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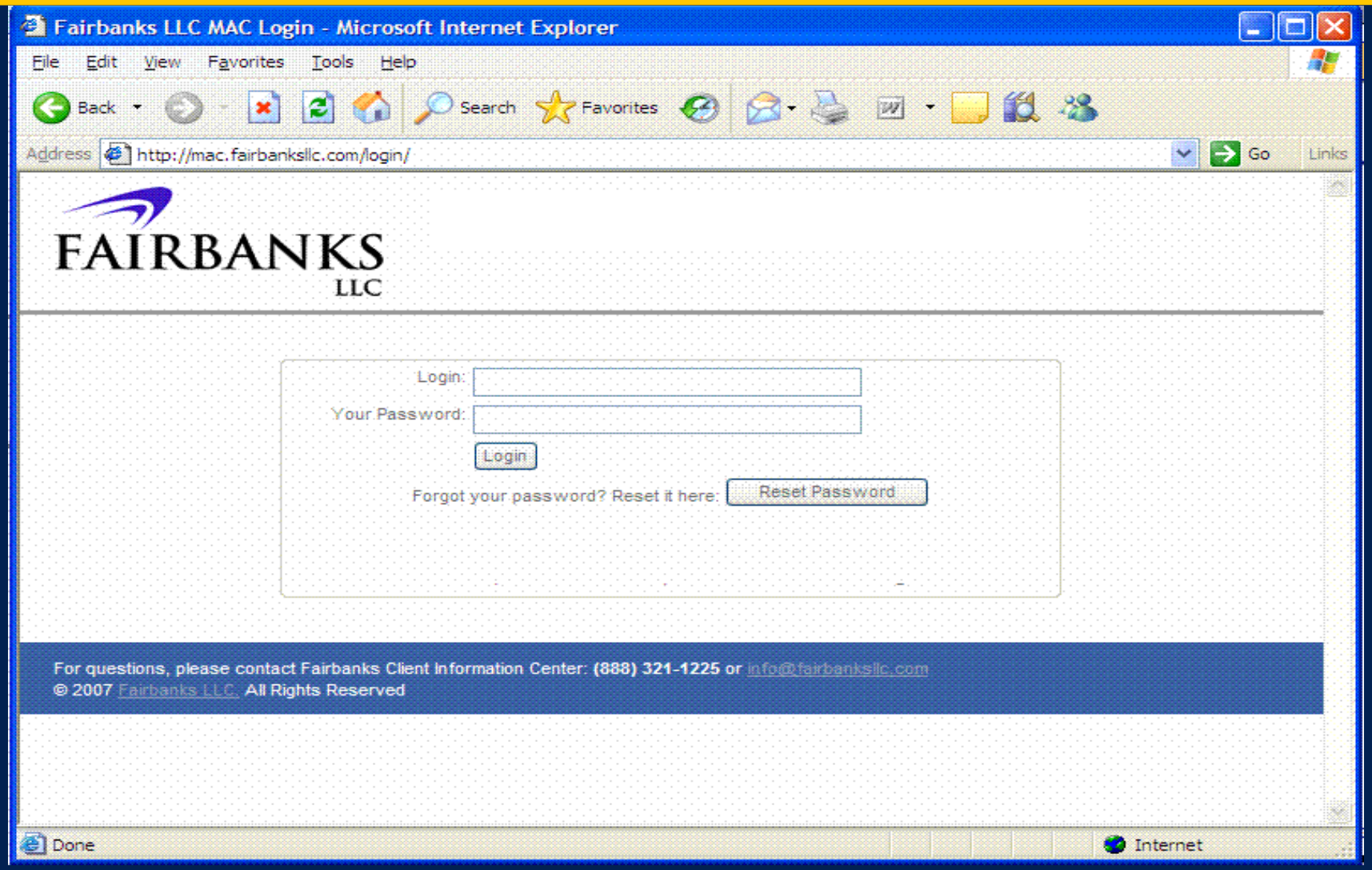
Moment – Login Screen



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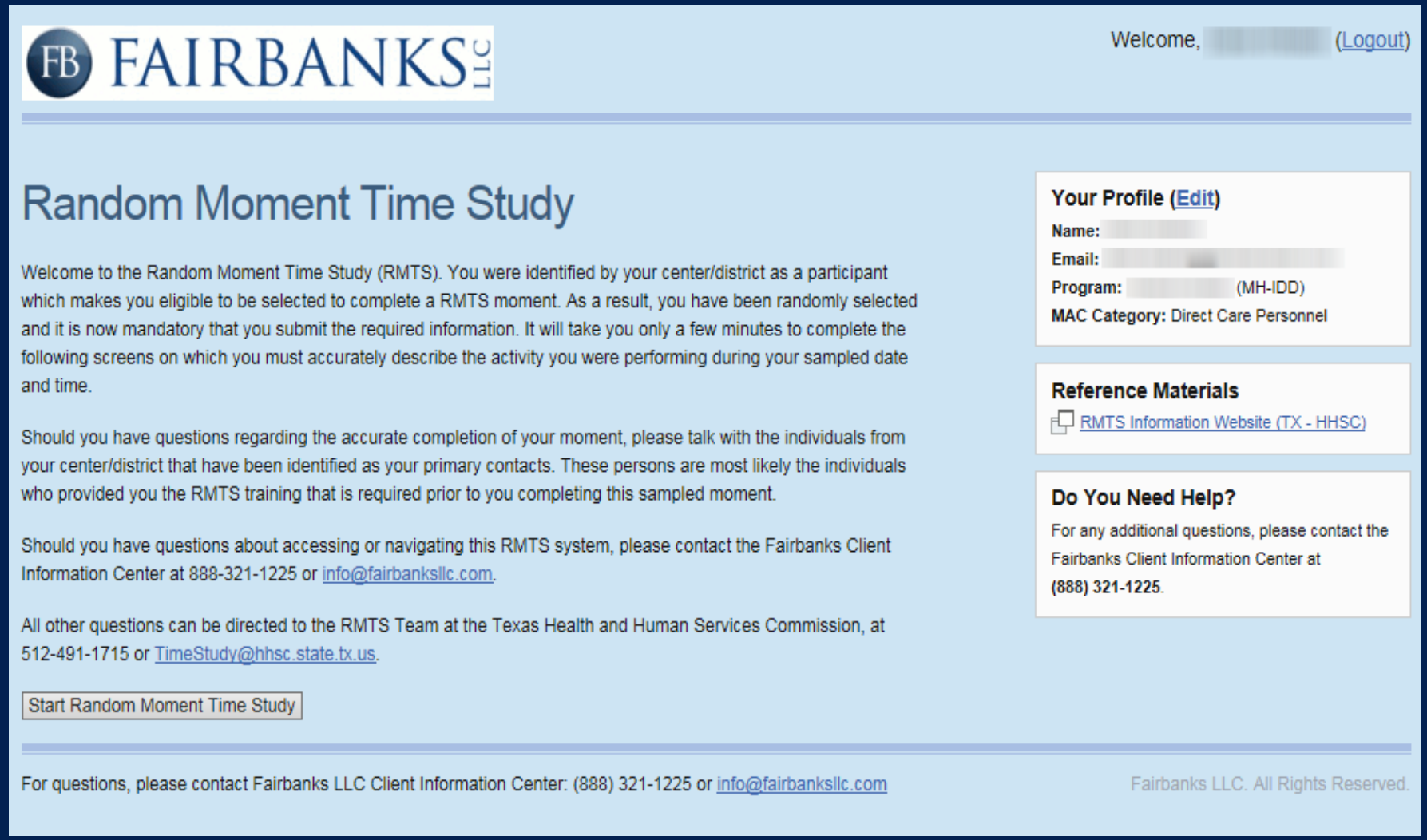
Moment – Welcome Screen



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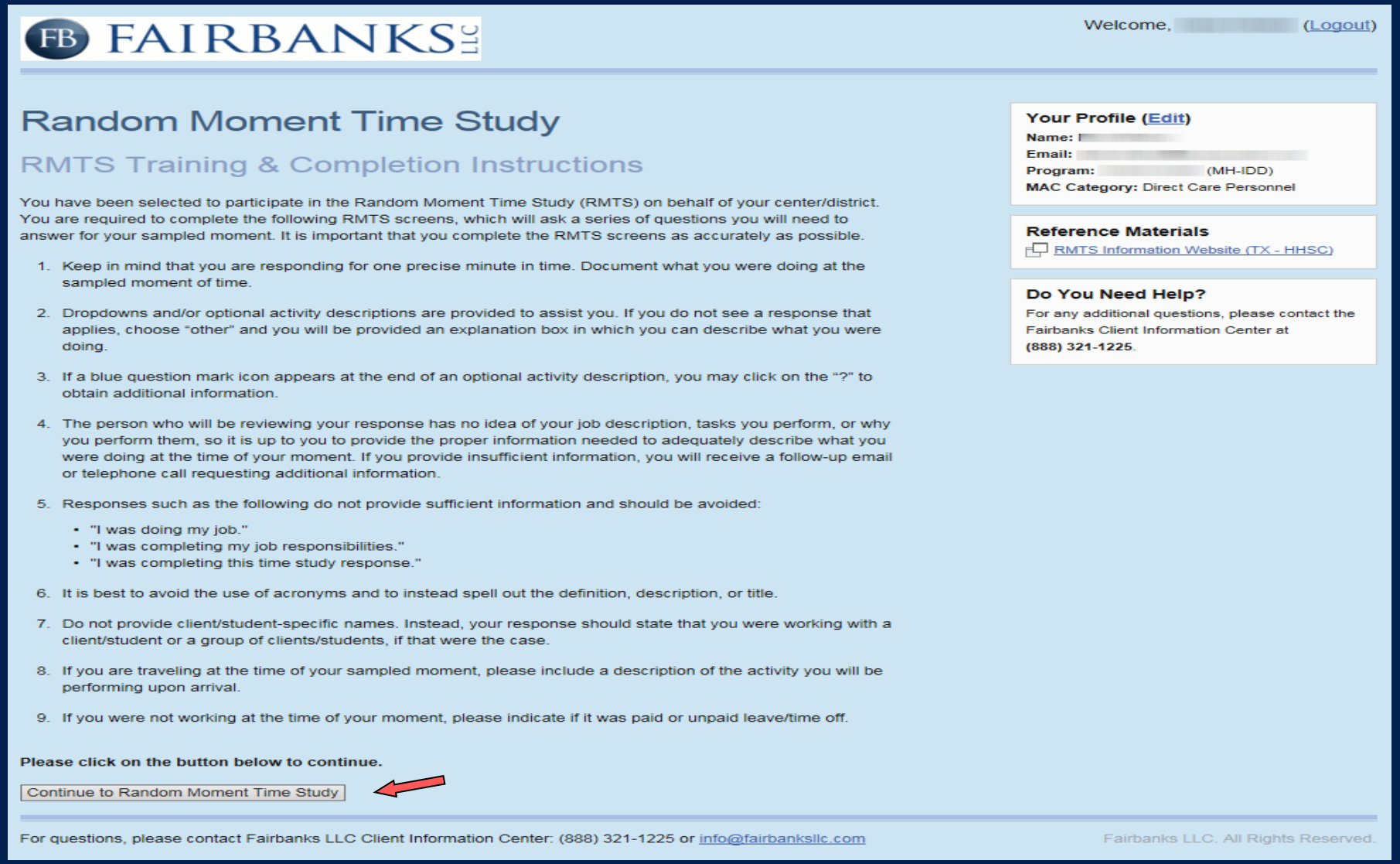
Moment – Instruction Screen



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Moment – Questions?

WHAT were you doing?

WHY were you doing it?

WHAT other services?

WHERE do they reside?

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Moment – System Demonstration

Participants' Moment Demonstration

How Sample Participant's respond to their time study moment

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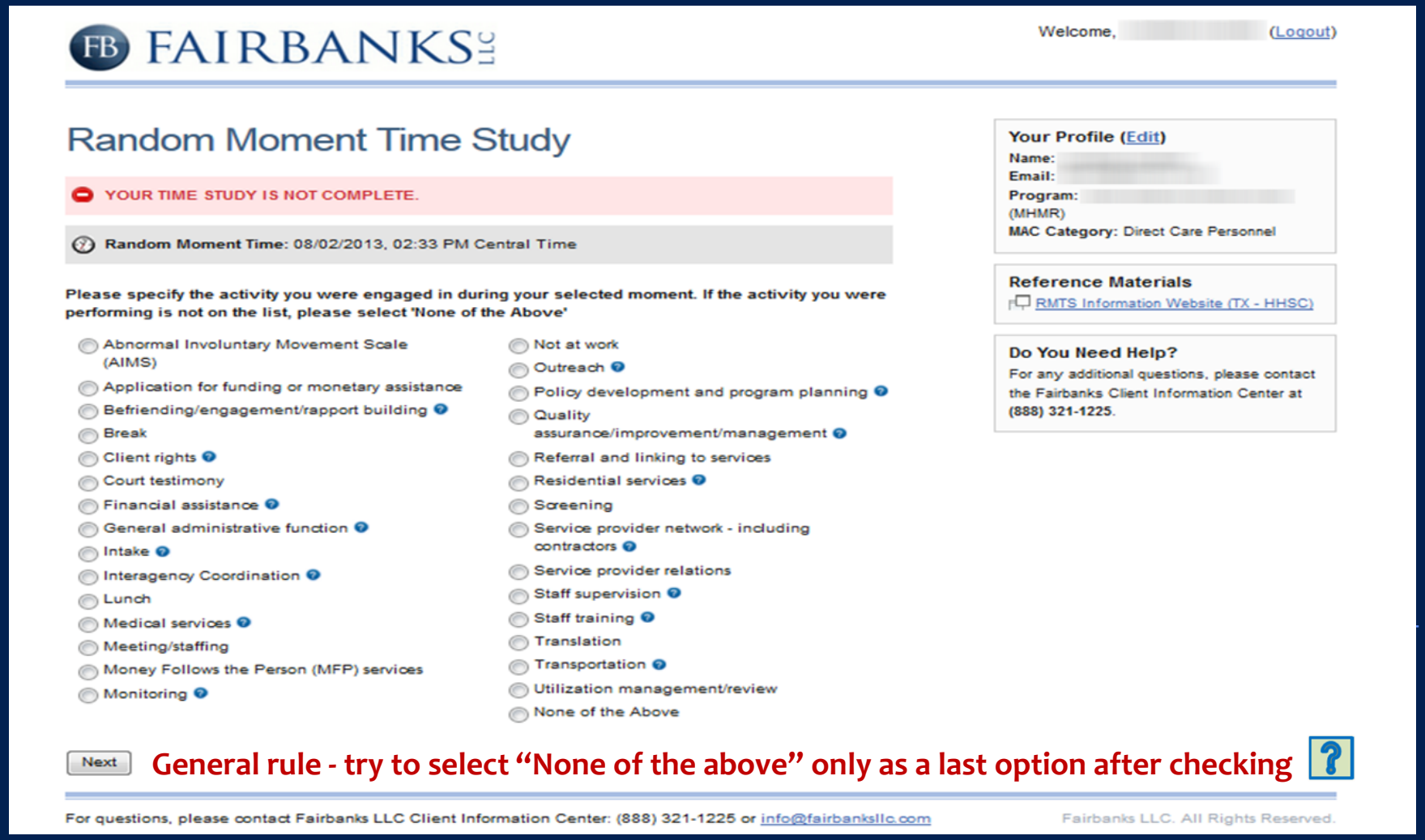
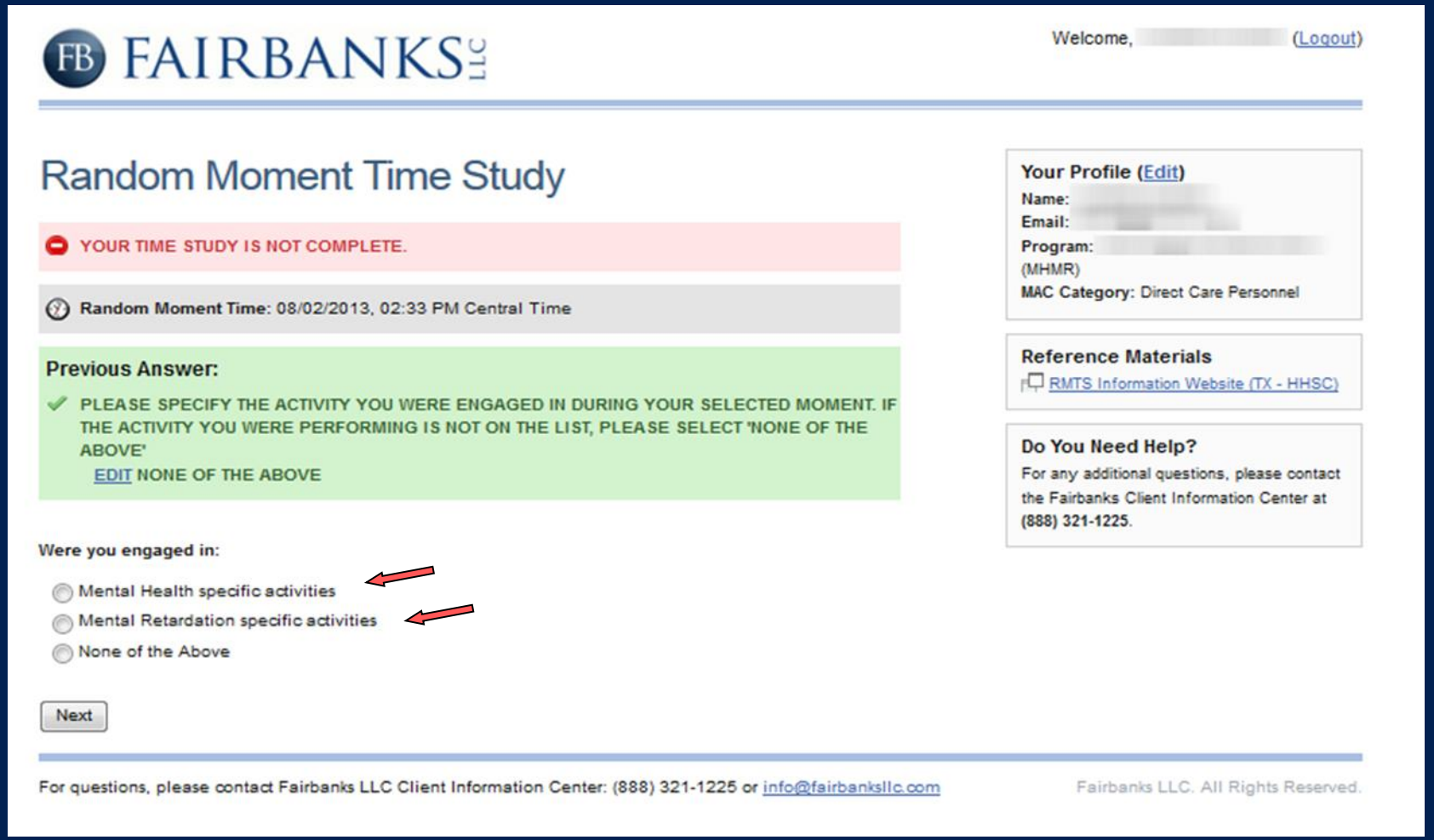
Response – Question 1

Most participants will find their activity in one of these drop downs



Response – Question 1

If "None of the Above" is selected



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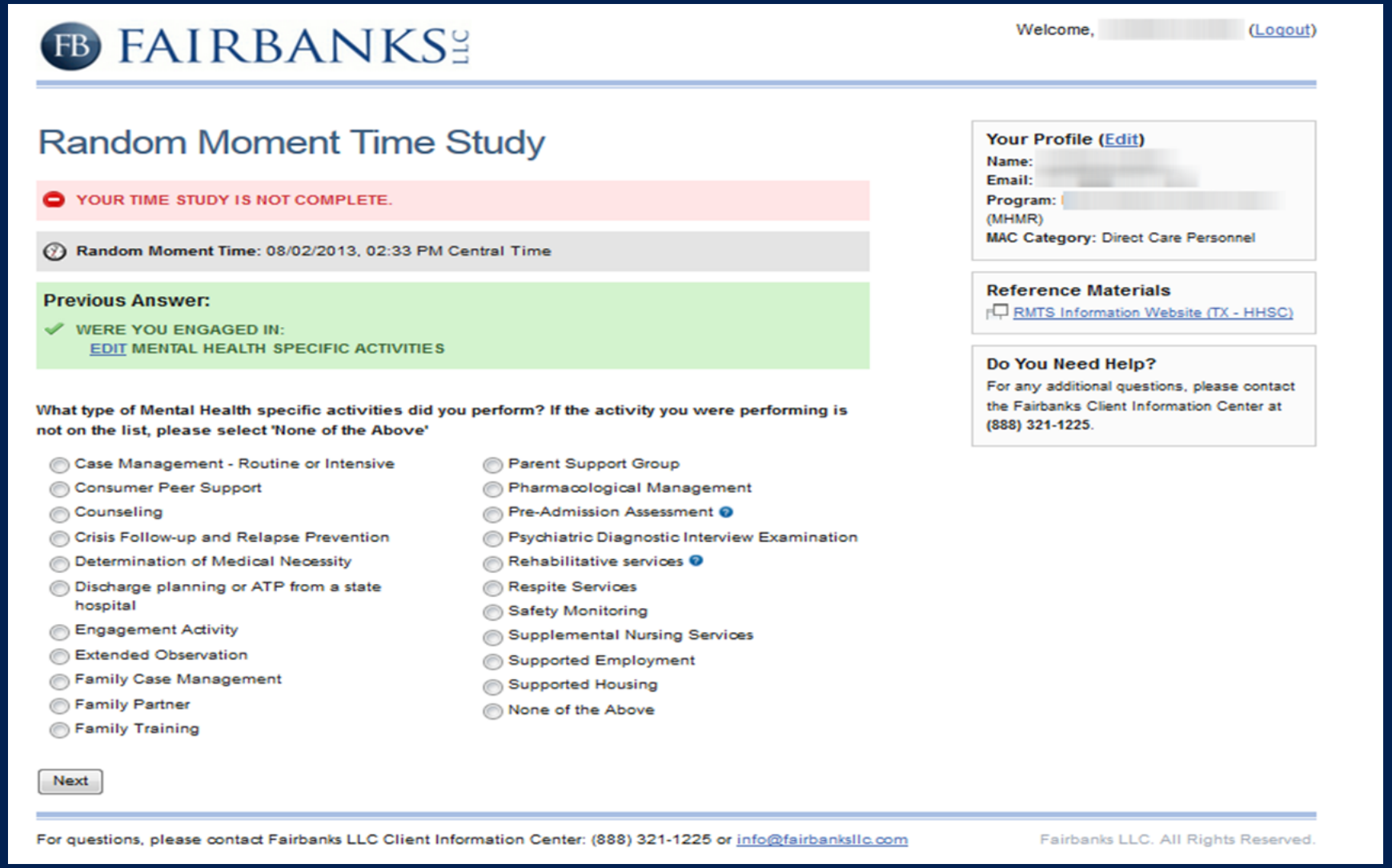
Mental Health Specific Response



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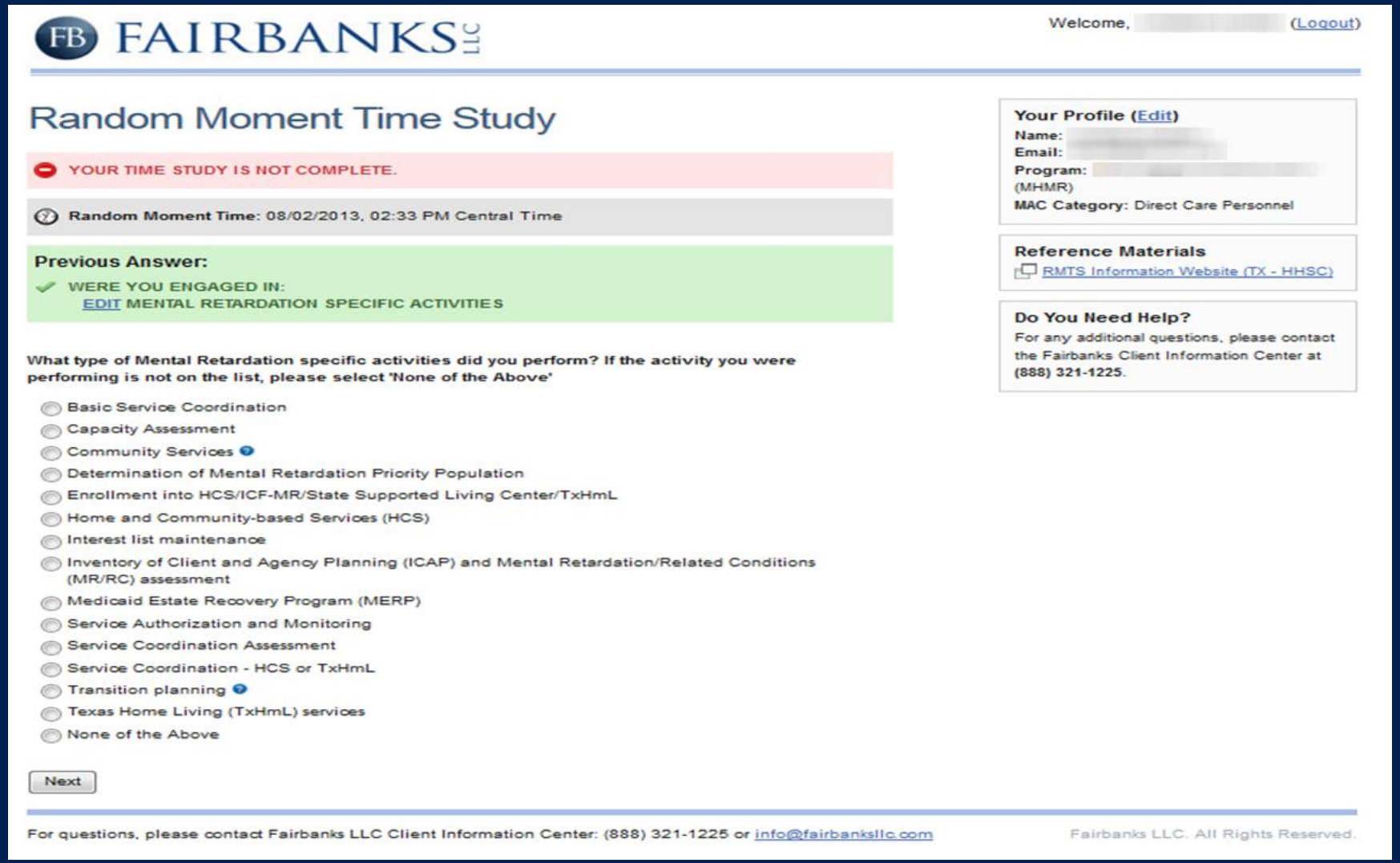
IDD Specific Response



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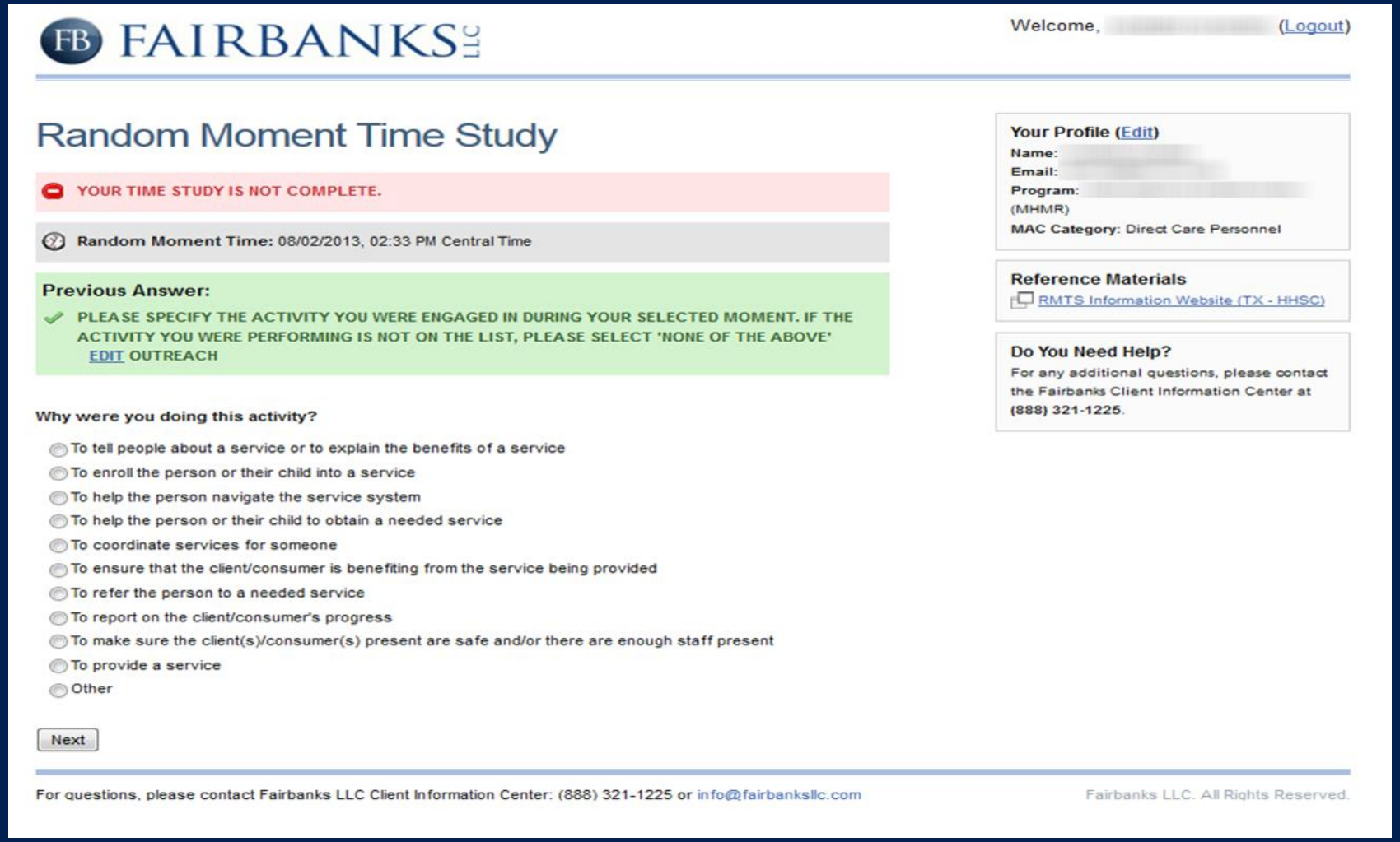
Response – Question 2

Why were you doing this activity?



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Response – Question 2

To tell someone about a service or to explain the benefits of a service

Is the person or their child already receiving services from your agency?

Yes No

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To enroll the person in a needed service

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To help the person navigate the service system

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

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Response – Question 2

To help the person obtain a needed service

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To coordinate services for someone

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To ensure the benefit of provided services

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To refer the person to a needed service

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

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Response – Question 2

To report on the person's progress

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To ensure the person's safety and adequate staff

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

To provide a service

Is the recipient or potential recipient under the age of 21?

Yes No

Identify the service (prompts service list)

Other (text box)

(Explain why you were performing the activity)

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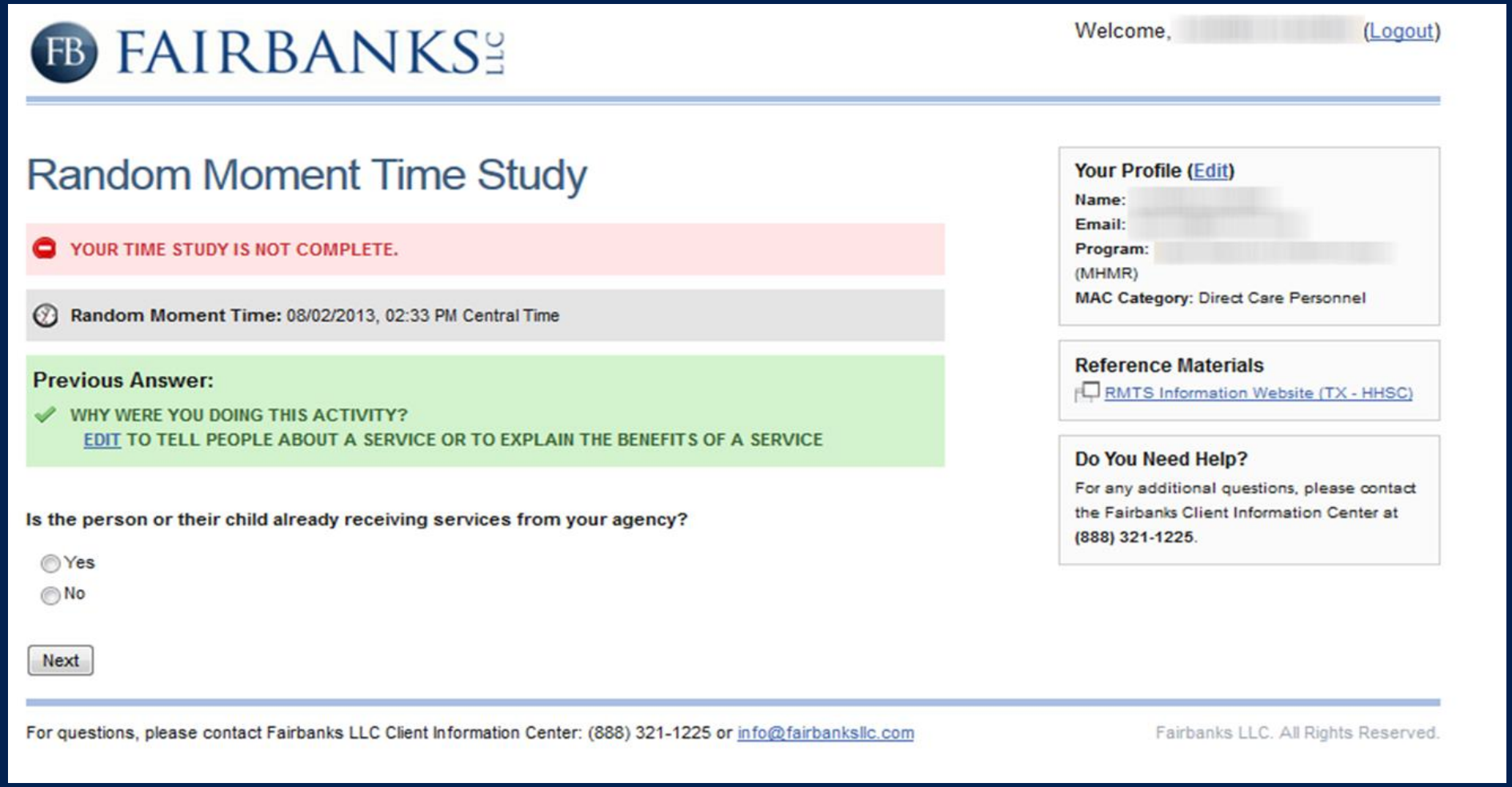
Secondary Question

Is the person or their child already receiving services from your agency?



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Service List

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- Academic / GED / school
- Assistive technology services/devices
- Audiology
- Basic Service Coordination
- Case Management routine or intensive
- Community Living Options information process
- Community Services (hover over) respite, employment asst., nursing, day habilitation, vocational training, etc.
- Consumer Peer Support
- Continuity of Services – IDD
- Counseling
- Crises Follow-up
- Day Activity and Health Services (DAHS)
- Day Care
- Dental Care
- Early Childhood Intervention
- Employment/Vocational
- Extended Observation
- Family Case Management
- Family Partner
- Family Training
- Genetic Counseling
- HCS
- Head Start
- Home Health Care/DMEPOS
- Homelessness/PATH
- Hospice
- Hotline
- Housing
- ICF-IDD/RC
- In Home Family Support
- Legal
- Medicaid Estate Recovery Program
- Inventory of Client & Agency Planning

Service List

Medical (hover over) hospital, lab, medication, nursing, physician, x-ray

Nutrition

Occupational Therapy

Parenting classes

Parenting Support Group

Permanency Planning

Physical therapy

Rehabilitation Services (hover over) Crises Intervention, Medication training and support, Psychosocial Rehab, Day programs acute need, Skills training and development

Residential services (hover over) Crises residential treatment, Crises Stabilization Unit, Residential treatment, ICF-IDD/RC, HCS, Family Living, Residential Living, Contracted Specialized Residences

Psychology

Respite

Safety Monitoring

Service Authorization and monitoring

Service Coordination – HCS or TxHmL

Speech therapy

Substance use, substance abuse, chemical dependency

Supplemental Nursing Services

Supported Employment

Supported Housing

Transportation

TxHmL

None of the above

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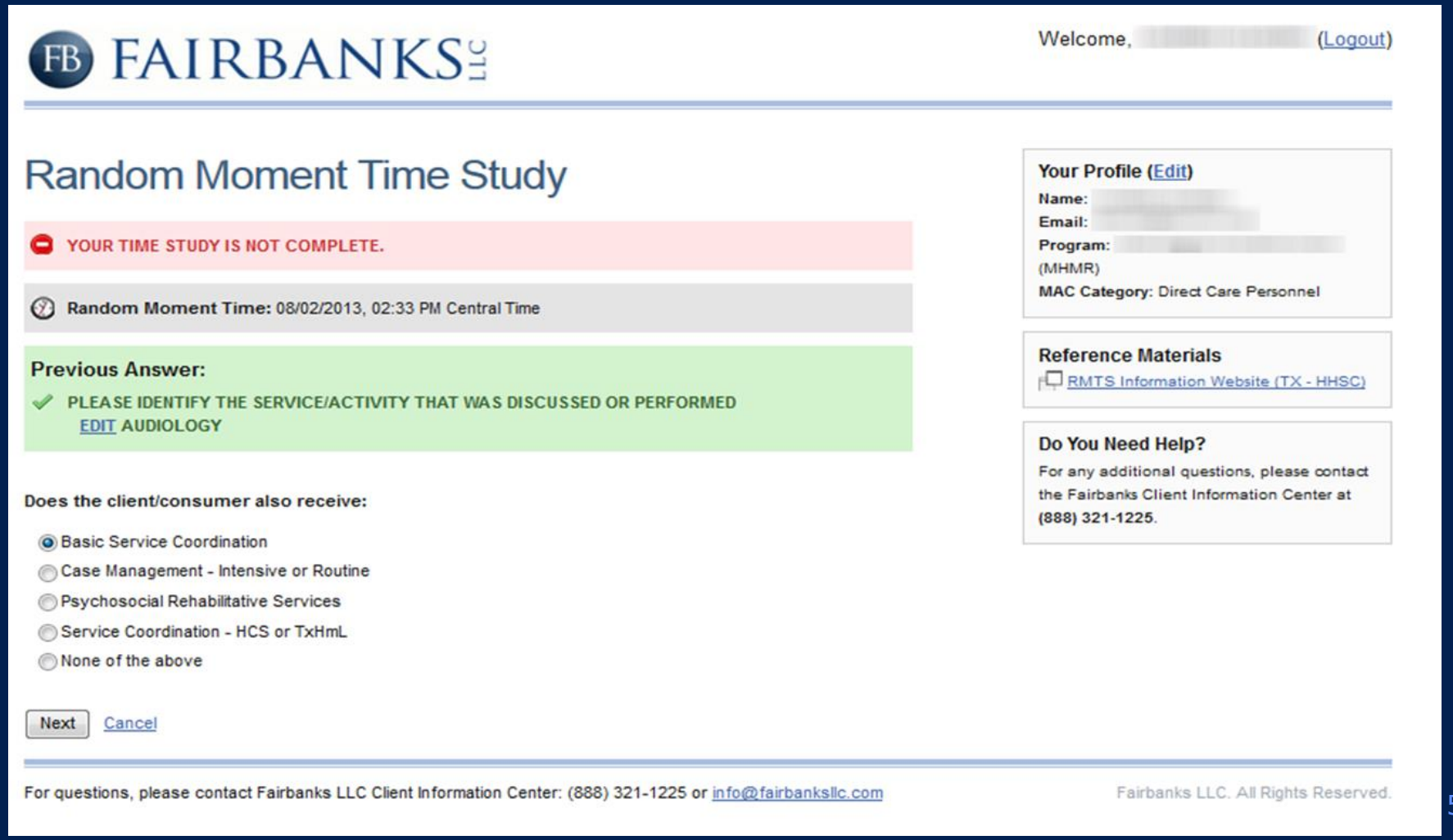
Response – Question 3

Does the client/consumer also receive:



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Response – Question 3

Does the client/consumer also receive:

Basic Service Coordination

Yes No

Case Management – Intensive or Routine

Yes No

Psychosocial Rehabilitative Services

Yes No

Service Coordination – HCS or TxHmL

Yes No

None of the above (text box)

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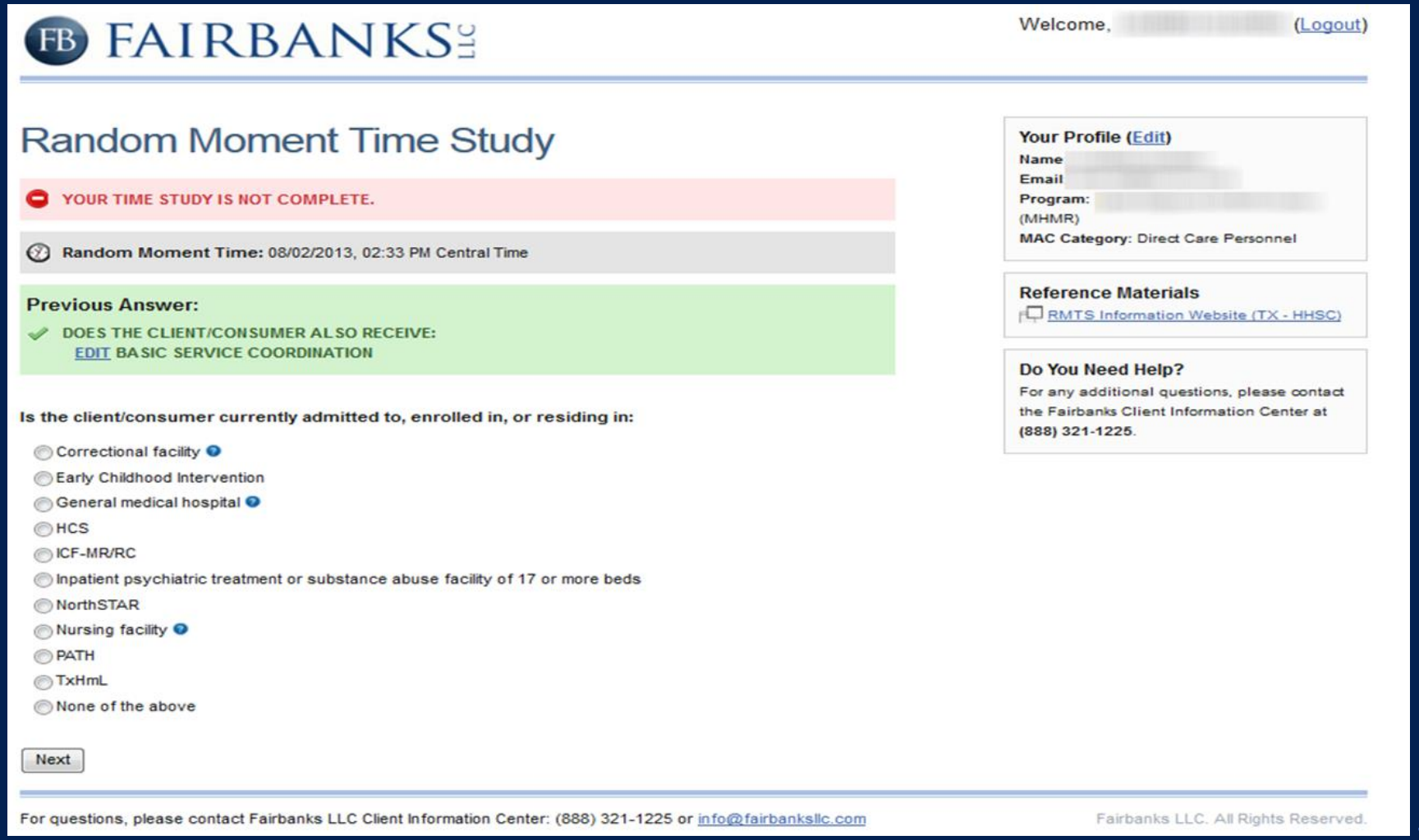
Response – Question 4

Is the client/consumer currently admitted to, enrolled in, or residing in?



TEXAS Health and Human Services

Response – Question 4

Is the client/consumer currently admitted to, enrolled in, or residing in?

Correctional facility

(hover over) Includes jail, detention center, boot camp

Early Childhood Intervention

General Medical Hospital

(hover over) Does not include day surgery or the emergency room

HCS

ICF-IDD/RC

(hover over) Includes State Supported Living Centers

Is the consumer within 180 days of discharge?

Yes No

Are they being discharged to an inpatient psychiatric treatment or substance abuse facility, a correctional facility, nursing facility or State Supported Living Center ?

Yes No

TEXAS Health and Human Services

Response – Question 4

Is the client/consumer currently admitted to, enrolled in, or residing in?

Inpatient psychiatric treatment or substance abuse facility of 17 or more beds

NorthSTAR

Nursing facility (hover over) Nursing home

Are they within 180 days of discharge?

Yes No

Are they being discharged to an inpatient psychiatric treatment or substance abuse facility, a correctional facility, ICF-IDD/RC, State Supported Living Center, or nursing facility?

Yes No

PATH

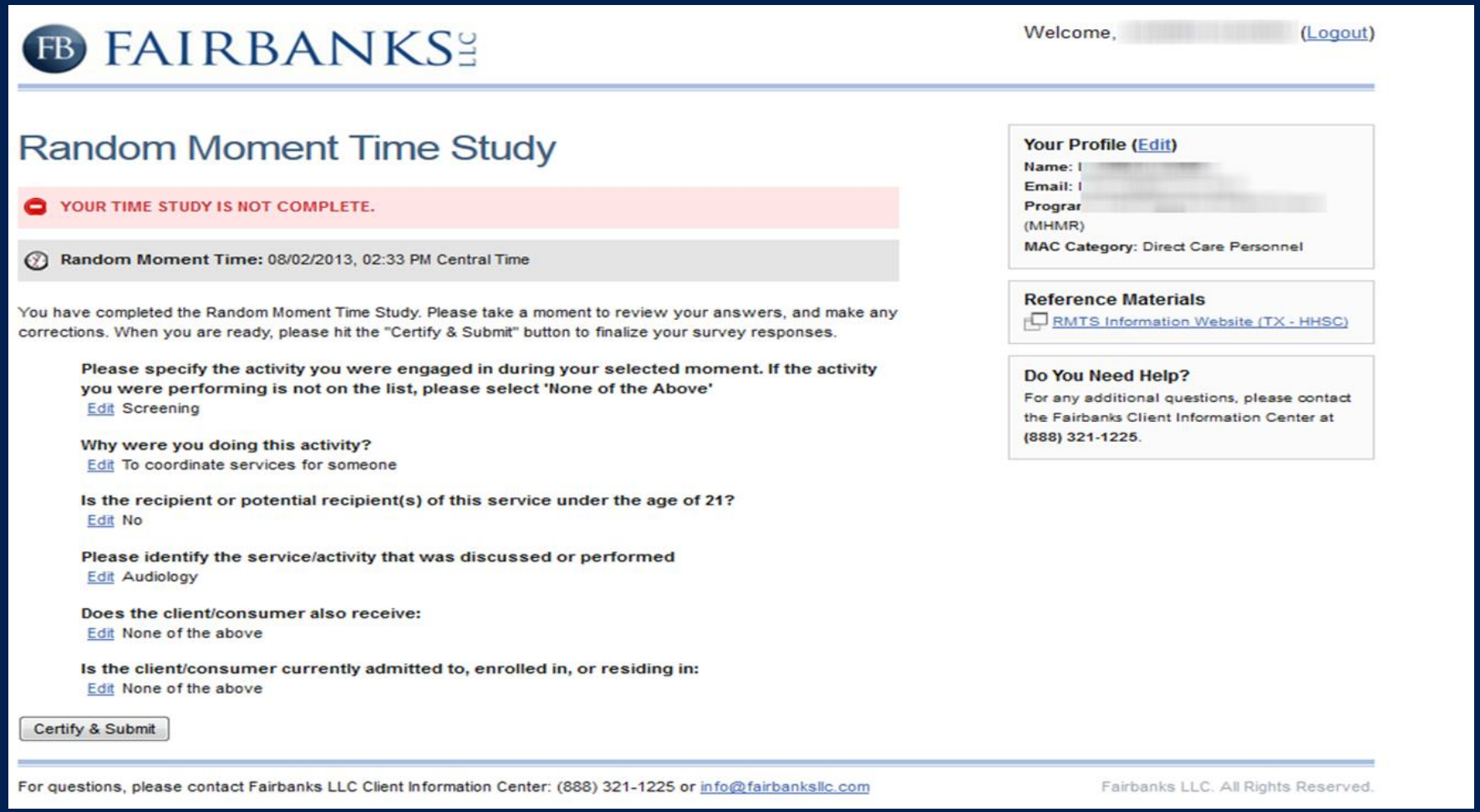
TxHmL

None of the above

TEXAS Health and Human Services

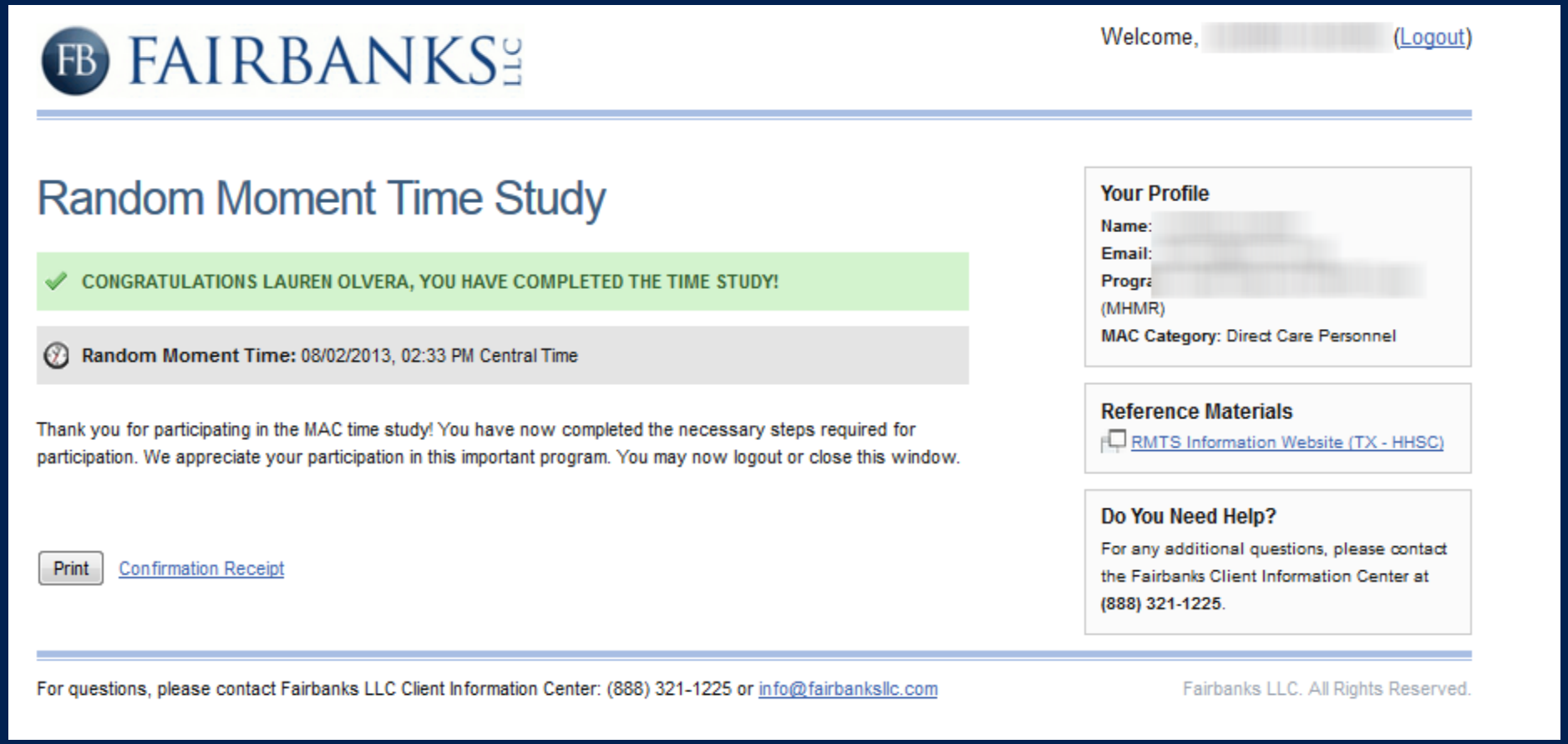
Complete Time Study

Review, Certify and Submit



Complete Time Study

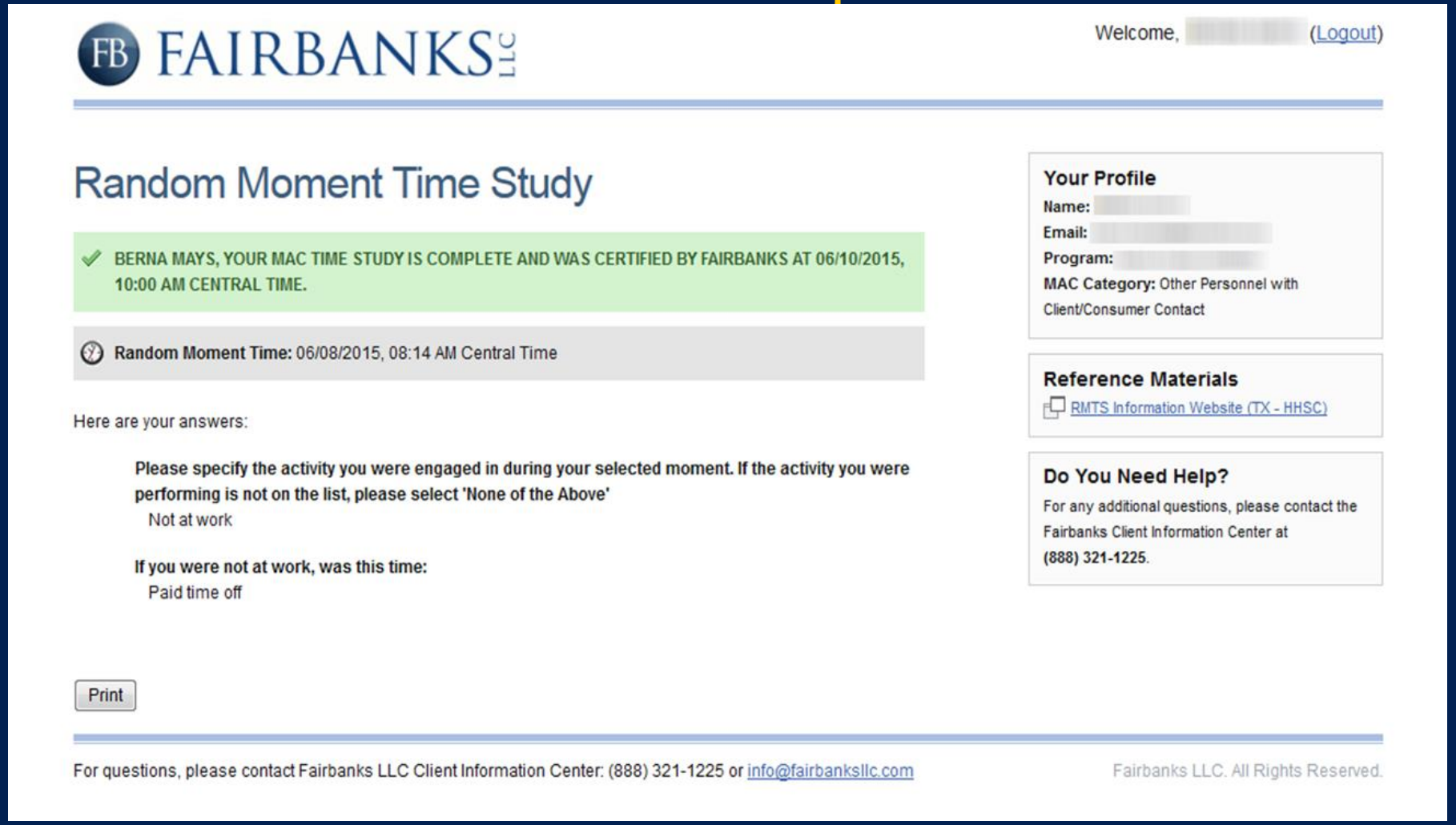
Printed Completed RMTS



TEXAS Health and Human Services

Complete Time Study

Printed Confirmation Receipt



FAIRBANKS LLC

Welcome, [redacted] (Logout)

Random Moment Time Study

BERNA MAYS, YOUR MAC TIME STUDY IS COMPLETE AND WAS CERTIFIED BY FAIRBANKS AT 06/10/2015, 10:00 AM CENTRAL TIME.

Random Moment Time: 06/08/2015, 08:14 AM Central Time

Here are your answers:

Please specify the activity you were engaged in during your selected moment. If the activity you were performing is not on the list, please select 'None of the Above'
Not at work

If you were not at work, was this time:
Paid time off

Print

Your Profile
Name: [redacted]
Email: [redacted]
Program: [redacted]
MAC Category: Other Personnel with Client/Consumer Contact

Reference Materials
RMTS Information Website (TX - HHSC)

Do You Need Help?
For any additional questions, please contact the Fairbanks Client Information Center at (888) 321-1225.

For questions, please contact Fairbanks LLC Client Information Center: (888) 321-1225 or info@fairbanksllc.com

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TEXAS Health and Human Services

Email Messages

- Types of Communication managed predominantly via e-mail, i.e.:
  - RMTS moment notifications and follow ups
  - Participant list updates
  - Compliance follow-ups
  - MAC Financial notifications and follow-ups
- Role in Fairbanks dictates what messages you receive
- It's critical that your MH-IDD authorize your e-mail system to accept emails from Fairbanks.
- Confirm with your IT staff to make sure that e-mails with info@fairbanksllc.com, and @hhsc.state.tx.us extensions pass through firewalls and spam filters.

TEXAS
Health and Human Services

Helpful Hints

Passwords

- Passwords will not change
- If you forget your password, you can reset it at the log-in screen

Manage Contacts

- Delete contacts if they are no longer with your entity
  - Do not back space and type over the name
- To add a contact in system use the "Add a new contact"
  - Username & Password will be e-mailed
- The primary contact can change primary status from themselves to a secondary. A secondary contact cannot change primary contact status
- There can be only one Primary contact for each role (RMTS and MAC Financial)
- There is no limit to the number of secondary contacts

For system questions contact Fairbanks support line: (888) 321-1225

TEXAS Health and Human Services

WRAP UP

- If you are not listed in the Fairbanks system as a Contact then you cannot receive credit for completing this training until you have been added by the Primary RMTS contact or CEO

There are NO certificates for training:

- You will receive an email thanking you for attending today's training, however this does not mean that you will receive training credit.
- RMTS Contacts can view attendance information via Fairbanks by clicking the "Training" tab on the top far right portion of the screen
- A maximum of 9 days processing time is required after attending training before the session attended will be listed next to the RMTS Contact's name and the "status" column will then show full access
- Once "Full Access" is indicated you will be able to update/certify the participant list
- You can print this screen using the printer icon located on the top right corner of the screen for your records

TEXAS
Health and Human Services

Contact Information

Time Study

- Scott Kruse - Director (512) 490-3194
- Ri-Chard Thomas – Team Lead
- Alexandra Young – Rate Analyst

E-Mail Address

TimeStudy@hhsc.state.tx.us

Website

https://rad.hhs.texas.gov/time-study/time-study-mhidd-training-information

Fairbanks, LLC. (888) 321-1225

info@fairbanksllc.com

TEXAS Health and Human Services

TEXAS
Health and Human Services

Thank you

Time Study Unit